

Wilkes University's Biennial Review
(in partial fulfillment of compliance with the Drug-Free Schools and Communities
Act and Drug and Alcohol Abuse Prevention Regulations)

2014-2015
2015-2016

Student Prevention Program

Introduction

Wilkes University understands the importance of providing effective drug and alcohol prevention program strategies and having in place services to support community members challenged with substance abuse issues. For the purposes of planning and assessment of the University's student prevention programs Gordon's (1987) classification system is used to define the most effective means of meeting community needs:

Universal prevention efforts are those that are applied to everybody in an eligible population. In other words, universal efforts are targeted to the general public or the general population. The focus is on persons who are not considered to be at higher risk than others and the benefits outweigh the cost and risk for everyone.

Selective prevention efforts are focused on individuals or subgroups of the population whose risk of developing problems of alcohol abuse or dependence is above average. The subgroups may be distinguished by characteristics such as age, gender, family history, or economic status. Subgroups may also be identified by past experience or behavior. While risk levels are higher, not all individuals within the subgroups will experience alcohol use problems.

Indicated prevention efforts apply to persons who exhibit specific risk factors or conditions that individually identify them as being at risk for the development of alcohol abuse (e.g., early experimentation).

Statement of Goals - Drug and Alcohol Prevention at Wilkes University

1. Educate the University community: regarding risk factors associated with drug and alcohol use and abuse; and, federal, state, local and campus laws and policies related to drugs and alcohol
2. Consistently enforce all drug and alcohol policies set forth by the University
3. Assess prevention strategy effectiveness and make necessary changes based on data trends
4. Maintain a Substance Abuse Taskforce consisting of key community stakeholders (see Appendix A) to provide advice for campus decision makers with respect to drug and alcohol issues
5. Provide information to the community regarding campus and community resources for those in need of professional assistance related to chemical dependency issues
6. Provide campus events and activities that serve as popular alternatives to drug and alcohol use

Prevention Strategies

Universal Prevention

Required Dissemination of Information at the Beginning of the Academic Year

At the beginning of the school year all students are notified of their responsibilities to familiarize themselves with the *Student Handbook* which includes information relative to drug and alcohol laws, policies, risks, and helpful resources for those experiencing problems (see Appendix B). As added assurance that students are fulfilling this responsibility, first year students complete an online handbook quiz which includes questions specific to the drug and alcohol section. Beginning in the 2012-2013 academic year the *Student Handbook* added external links for students to access more specific information relative to risks and consequences.

Resident Assistant Training

All resident assistants are trained to recognize behaviors related to misuse of drugs and alcohol and respond within the parameters set forth by University procedures. Part of the training is to prepare resident assistants to plan required programs in all of the halls (both educationally and socially) that promote healthy lifestyles. The resident assistants also receive additional training from the Pennsylvania Liquor Control Board.

Education/Awareness Programs

Throughout the year programs are open to the entire campus community to educate and advocate for responsible use of alcohol and abstinence from drugs. During the 2014-15 and 2015-16 academic years events included:

2014-2015

National Collegiate Alcohol Awareness Week (Wyoming Valley Alcohol and Drug Services (educational table); Northeastern Highway Safety Program (educational table); BACCHUS Club (educational table); Candlelight Prayer Vigil; Alcohol Awareness Walk); Alcohol Bingo; BACCHUS Club Human Papilloma Virus Educational Table; Operation Safe Holiday (educational table); BACCHUS Safe Holiday message treats; Health & Wellness Fair (Wyoming Valley Alcohol and Drug Services, PLCE, Family Member Suffer from addiction, Northeastern Highway Safety Program, Victims Resource Center, PLCE, PA State Police, PSI CHI; alcohol abuse screening); BACCHUS Club Resident Assistants Hall Program - Floats and Fun Alcohol Awareness Program.

2015-2016

National Collegiate Alcohol Awareness Week (Luzerne County DUI checkpoint trailer, Wyoming Valley Alcohol and Drug Services (educational table), Northeastern Highway Safety Program (educational table), PLCE, Alcohol Awareness Walk); BACCHUS CLUB Safe Holiday message treats; BACCHUS CLUB STD educational table; BACCHUS CLUB Suicide Prevention Speaker; BACCHUS CLUB National Condom Month Educational Table; Alcohol and Drug Awareness Speaker (Mike Green); Health & Wellness Fair

(Wyoming Valley Alcohol and Drug Services, PLCE, Family Member Suffer from addiction, Northeastern Highway Safety Program, Victims Resource Center, PLCE, PA State Police, PSI CHI; alcohol abuse screening).

Social/Recreational Alternatives

The University offers a well-populated social activities calendar working with over 55 clubs and organizations to serve as a catalyst to develop program offerings that provide alternatives to unauthorized events and activities related to alcohol use. During the 2014-2015 and 2015-16 academic years hundreds of activities took place sponsored by clubs, organizations and the Office of Student Development. Some of these sponsored events include:

- **Student Development:** 28 off campus bus trips each year (i.e. baseball, hockey games, New York City or Philadelphia trips); tickets to local events at the Kirby Center and the Little Theater of Wilkes Barre; bicycle rentals; \$3 movie tickets, free bowling passes
- **Student Government:** 14 different event or themed weekends (i.e. Casino week, Spring Fling, Homecoming)
- **Commuter Council:** 12 programs each year (i.e. pumpkin carving, Mad Hatter's Tea party)
- **Inter-Residence Hall Council:** 12 programs each year (i.e. Study Break party during finals week, cake bake challenge)
- **Programming Board:** 30 programs each year, including 2 major concerts/comedians
- **Multicultural Student Coalition:** 12 programs a year (i.e. annual talent show, cultural holiday celebrations)

The Office of Community Engagement also offered a variety of short and long term community service projects providing an opportunity for students to choose to spend discretionary time helping others while experientially learning about societal needs and challenges. In 2015-2016, students put in over 200,000 volunteer hours. The Residence Life Office sponsored over 150 programs annually in different residence halls for social and educational purposes and to promote a sense of community. Finally, the University offered 21 different intercollegiate sports and an active intramural program to engage students in healthy living through fitness.

Substance Abuse Taskforce

The Substance Abuse Taskforce has functioned for many years on campus serving in an advisory capacity for all drug and alcohol awareness initiatives and policies. It meets one to two times per semester and consists of faculty, staff, administrators, students, a member of the Liquor Control Board (LCB), and community members (see Appendix A). The Taskforce will often invite guests in to discuss recent drug and alcohol trends and best practices on college campuses. In 2015 the Director of Public Safety spoke to the taskforce regarding the changes within the department to help increase the safety of the Wilkes community. In 2016 the CEO of the Wyoming Valley Alcohol and Drug Services spoke to the task force about the growing heroin epidemic in Luzerne County. Also, a certified addiction counselor from Choices informed the group about the treatment options that Choices provide.

2014-2015 Program Highlights

In collaboration with Student Government, the Office of Student Development expanded the number and breadth of programs offered by the Adventure Education Office. The fleet of mountain bikes for the free rental program was increased from three to ten. Weekend-long hiking trips were included on the schedule for both the fall and spring semesters. Lastly, Student Development continued to provide undergraduate students with free bowling passes, access to \$3 movie tickets, and free admittance to four to six performances each year at a local theater.

2015-2016 Program Highlights

The Adventure Coordinator was certified as a Wilderness First Responder, which will allow for more robust outdoor programming. The student-run Inter-Residence Hall Council (IRHC) implemented a new "Late Night" programming series for students that was held on weekends. In addition, the University entered into a contract with Swank Pictures/Res Life Cinema in order to provide on-campus students with access to a channel that airs a large selection of new movie releases each month. Finally, the Office of Student Development enhanced their program marketing efforts to students through the use of popular social media outlets such as Twitter and Instagram.

Selective Prevention

Assessment Methods

First Year Students

First year students are identified as a selective group because of their higher risk of engaging in experimental behavior trending from high school to college (Stappenback, C.A., Quinn, P.D., Wetherill, R.R., & Fromme, K., 2010) in addition to campus assessment data (disciplinary statistics, etc.).

Required Online Program for First Year Students (MyStudentBody.com Essentials program)

In 2006, the University adopted an earlier intervention strategy requiring all students to participate in an online course, AlcoholEdu. Approximately one in three first year college students, nationally, participated in an online alcohol education course (Everfi). The course had been effective in raising awareness regarding the associated risks of drugs and alcohol and changing student behavior at Wilkes University. First year students began the course early in the fall semester with a follow up in early November.

Selected members of the Health and Wellness Staff, Residence Life Staff, and Student Affairs Staff reviewed alternative online programs to AlcoholEdu. After a review of three programs it was decided that the University would contract with MyStudentBody.com for a three year period commencing in fall 2012. The program appears to deliver the desired goals while saving a considerable amount of money which will be reinvested into other prevention efforts.

MyStudentBody.com's Essentials online program takes a comprehensive, evidence-based approach to reducing the risk of drug and alcohol abuse and sexual violence among college students. Hazelden acquired MyStudentBody.com from Inflexxion in October 2012. The Essentials online program is implemented similarly to AlcoholEdu. First year students receive instructions for the program via email during the beginning of the fall semester and briefly follow up in November.

Essentials 2014-2015:

Self-reported data obtained was from 528 out of 546 first-year Wilkes students who completed and passed all three Essentials modules. Approximate 97% pass/completion rate.

Essentials Course and Student Learning: 2014 Data

Alcohol Module	Average Score
Pre-test	64%
Post-test	80%
Drugs Module	Average Score

Pre-test	62%
Post-test	79%
Sexual Violence Module	Average Score
Pre-test	81%
Post-test	88%

Self-reported alcohol consumption: Sample vs. College Students Nationally

- Wilkes University had a lower number of first-year students who had consumed alcohol in the past year, as compared to other MyStudentBody schools, and lower rate of high-risk/binge drinking.

Group	Consumed alcohol in past year (%) (N=545)	Engaged in high-risk drinking (%)**
Wilkes University	35%	11%
All MyStudentBody schools	61%	24%
NCHA***	64.8% (Any alcohol use past 30 days)	32.7%

Self-Reported Student Alcohol Consumption: Typical week

- Among students who drink, they reported drinking, on average, .6 drinks a week.
- The vast majority of students at Wilkes University are low risk drinkers (24%) or abstainers (64%).

Past week

- Among students who have had a drink in the past year, a majority of Wilkes University students had four or fewer drinks on their heaviest drinking day (72% total) in the past two weeks.
- 34% reported no drinking at all in the past two weeks.
- 12% reported 10 or more drinks.

Self-Reported Alcohol-Related Risks (Initial* N=194) (from Alcohol / “Rate Myself” Responses):

Unsafe and/or unplanned sexual activity was the most common issue reported (12%).

- Serious risk of nonconsensual sex or sex without meaningful consent.
- Associated with increased risk of STIs, contraceptive failure.

Risky behavior related to transportation was another frequent response (6%).

- Students who ride with someone who has been drinking may look at it as a way to avoid getting in trouble, rather than as an unsafe choice.

Self-Reported Protective Factors (from Alcohol /“Rate Myself” Responses)

(Initial* N=194)

- Pre-planning transportation or eating before or while drinking are the most popular “social” means of controlling risks related to alcohol.
- Results indicate the number of students who report they “frequently” or “always” use these strategies.
 - Avoid heavy drinking settings (49%)
 - Eating before drinks (68%)
 - Tracking drinks (65%)
 - Socialize with light drinkers/abstainers (52%)
 - Pre-planning transportation (80%)

Other Protective/Bystander Behaviors (from Alcohol/”Rate Myself” Responses) (Initial* N=545)

- These questions were asked of all students, regardless of alcohol consumption.
- These numbers indicate the percentage of Wilkes University students that report “frequently or always” engaging in behaviors that keep others safer.
- Wilkes University students display a mid to high level of altruism, and positive behaviors increase after time on campus.
 - Assist in an emergency (58%)
 - Help a friend with a drinking problem (70%)
 - Intervene in conflict (47%)
 - Tell a friend to stop drinking (69%)

Overall drug use

- Highest rate of use: Marijuana
- The actual number of students engaging in the use of drugs is average.
- Drug use for all substances decreased over time.
- Marijuana use at Wilkes University is slightly higher than NCHA data.

Self-Reported Drug Misuse/Abuse (Initial* N=529)

- Marijuana is the most frequently misused/abused drug, according to student responses (19%)
- Prescription pain/opioids (7%)
- Prescription stimulants (3%)

Self-Reported Risks and Consequences (from Drugs /"Rate Myself" Responses) (Initial* N=60)

- Respondents to these questions have used either a prescription drug in a non-medical way *or* reported illicit drug use.
- Students who indicated no illegal drug use were not asked about effects of their drug use.
- Risks related to drug use and driving are the most commonly reported behaviors related to drugs in Wilkes University student population.
 - Passenger of person using drugs 30%
 - Driving after drug use 17%
 - Impact on academics 7%
 - Fight or conflict 7%

Sexual Violence and Bystander Intervention Summary

- Students reported a high likelihood to intervene in situations where sexual harassment is taking place.
- Students reported a high likelihood to seek help in the event of an assault involving themselves or a friend.
- Students are drawn to some on-campus resources more than others for help with sexual assault.

Bystander Intervention (from Sexual Violence/"Rate Myself" Responses) (Initial* N=531)

- A very high number of students indicated being likely or very likely to intervene.
- Likelihood of intervention increased in follow-up group over time. Percent of students who said they were extremely likely to support increased 3%.
- Likelihood to seek assistance/support for a friend/self after sexual assault: 92%.
- Likelihood to intervene if witnessing harassment: 86%.

Where would Wilkes University students go for help on campus after a sexual assault?

They are *most likely* to use the following resources:

- On-campus safety, on-campus health services, University Counseling/Student Life, Rape Crisis Center, friends, family

They are *least likely* to use the following resources:

- Campus judicial offices, faculty, other off-campus resources

Student Satisfaction with the Essentials Course (515 total responses)

- Increased knowledge about alcohol 91%
- Increased awareness of campus alcohol policies 94%
- Helps me take more precautions to maintain safety 88%
- Helps new students adjust to college life 83%

*Initial (all student responses to self-assessment)

** 4+ drinks for women, 5+ for men with MSB, 5+ drinks for all in NCHA

***National College Health Assessment <http://www.acha-ncha.org/docs/NCHA->

II_WEB_SPRING_2015_REFERENCE_GROUP_EXECUTIVE_SUMMARY.pdf

Essentials 2015-2016:

Self-reported data obtained was from 542 out of 581 first-year Wilkes students who passed all three Essentials modules. **Approximate 93% pass/completion rate.**

Essentials Course and Student Learning: 2015 Data

Alcohol Module	Average Score
Pre-test	63%
Post-test	79%
Drugs Module	Average Score
Pre-test	62%
Post-test	80%
Sexual Violence Module	Average Score
Pre-test	82%
Post-test	89%

Self-reported alcohol consumption: Sample vs. College Students Nationally

- Wilkes University had a lower number of first-year students who had consumed alcohol in the past year, as compared to other MyStudentBody schools, and lower rate of high-risk/binge drinking.

Group	Consumed alcohol in past year (%) (N=556)	Engaged in high-risk drinking (%)**
Wilkes University	39%	11%
All MyStudentBody schools	57%	20%
NCHA***	64.9% (Any alcohol use past 30 days)	31.9%

Self-Reported Student Alcohol Consumption in Typical Week and Past Week Use:

Typical week

- Among students who drink, they reported drinking, on average, .6 drinks a week.
- The vast majority of students at Wilkes University drink minimally (28%) or not at all (61%)

Past week

- Among students who have had a drink in the past two weeks, a majority of students had four or fewer drinks on their heaviest drinking day (76% total).
- 38% reported no drinking at all in the past two weeks
- 7% reported 10 or more drinks

Self-Reported Alcohol-Related Risks (Initial* N=216) (from Alcohol / “Rate Myself” Responses):

Unsafe and/or unplanned sexual activity was the most common issue reported (9%).

- Serious risk of nonconsensual sex or sex without meaningful consent.
- Associated with increased risk of STIs, contraceptive failure.

Risky behavior related to transportation was another frequent response (6%).

- Students who ride with someone who has been drinking may look at it as a way to avoid getting in trouble, rather than as an unsafe choice.

Self-Reported Protective Factors (from Alcohol /“Rate Myself” Responses)

(Initial* N=216):

- Pre-planning transportation or eating before or while drinking are the most popular “social” means of controlling risks related to alcohol.
- Results indicate the number of students who report they “frequently” or “always” use these strategies.
 - Avoid heavy drinking settings (50%)
 - Eating before drinks (69%)
 - Tracking drinks (64%)
 - Socialize with light drinkers/abstainers (61%)
 - Pre planning transportation (84%)

Other Protective/Bystander Behaviors (Initial* N=556)

- These questions were asked of all students, regardless of alcohol consumption.
- These numbers indicate the percentage of your students that report “frequently or always” engaging in behaviors that keep others safer.
- Wilkes University students display a high level of altruism, and positive behaviors increase over time on campus
 - Assist in an emergency (61%)
 - Help a friend with a drinking problem (72%)
 - Intervene in conflict (52%)
 - Tell a friend to stop drinking (73%)

Overall drug use

- Highest rate of use: Marijuana
- The actual number of students engaging in the use of drugs is generally higher than average.
- Drug use decreased in the follow-up assessment for all substances
- Marijuana use at Wilkes University is slightly higher than NCHA data before the follow-up and slightly lower after the follow-up.

Self-Reported Drug Misuse/Abuse (from Drugs / “Rate Myself” Responses) (Initial* N=579)

- Marijuana is the most frequently misused/abused drug, according to student responses (19%)

- Prescription pain/opioids (12%)
- Prescription stimulants (6%)

Self-Reported Risks and Consequences (from Drugs /“Rate Myself” Responses)(Initial* N=63)

- Respondents to these questions have used either a prescription drug in a non-medical way or reported illicit drug use;* students who indicated no illegal drug use were not asked about effects of their drug use.
- Risks related to drug use and driving are the most commonly reported behaviors related to drugs in Wilkes University student population.
- There was a decline in these variables over time.
 - Passenger of person using drugs (22%)
 - Driving after drug use (21%)
 - Impact on academics (3%)
 - Fight or conflict (2%)

Sexual Violence and Bystander Intervention Summary

- Students reported a high likelihood to intervene in situations where sexual harassment is taking place.
- Students reported a high likelihood to seek help in the event of an assault involving themselves or a friend.
- Students are drawn to some on-campus resources more than others for help with sexual assault.

Bystander Intervention (from Sexual Violence / “Rate Myself” Responses)(Initial* N=544)

- A very high number of students indicated being likely or very likely to intervene.
- Likelihood of intervention increased in follow-up group over time. Percent of students who said they were extremely likely to seek support increased 4%.
- Likely to seek assistance/support for friend/self after sexual assault (91%)
- Likely to intervene if witnessing harassment (86%)

Where would Wilkes University students go for help on campus after a sexual assault?

They are *most likely* to use the following resources:

- On-campus safety, on-campus health services, University Counseling/Student Life, Rape Crisis Center, friends, family

They are *least likely* to use the following resources:

- Campus judicial offices, faculty, other off-campus resources

Student Satisfaction with the Essentials Course

- Increased knowledge about alcohol 89%
- Increase awareness of campus alcohol policies 92%
- Helps me take more precautions to maintain my personal safety 86%
- Helps new students make healthy adjustment to college 82%

*Initial (all student responses to self-assessment)

**4+ drinks for women; 5+ for men with MSB; 5+ for all in NCHA

***National College Health Assessment http://www.acha-ncha.org/docs/NCHA-II_WEB_SPRING_2015_REFERENCE_GROUP_EXECUTIVE_SUMMARY.pdf

Welcome Weekend

All first year students participate in Welcome Weekend which occurs two days prior to the beginning of the fall semester. At that time students participate in a variety of social and educational programs including a program on sexual assault which emphasizes the connectedness between increased risk of sexual assault, alcohol and drug use. On-campus social programming is offered both nights.

E-mentors

The University uses E-mentors to serve as a resource and role-model for first year students. There has been a large increase in the numbers of the E-mentor staff. In 14-15 there were 35 E-mentors. In 15-16, there were 46.

The relationship begins at new student orientation during the summer and continues through the fall semester. The E-mentors are trained to engage students in positive aspects of University life and identify students who present concerning behavior, including behavior associated with drug and alcohol use. E-mentors will be included in training with resident assistants as it relates to substance abuse and sexual assault to better inform them.

Throughout the fall semester, E-mentors provide social programming for students. They complete two programs with their small group of mentees and together as a whole group, they provide four programs for new students.

Student Athletes

Student athletes are also identified as a selective prevention group. Based on a study by the Center for Science in the Public Interest, 81.5% of Division III athletes

use alcohol (2005). For the past several years the Victims Resource Center of Wilkes-Barre and Office of Student Affairs has met with each athletic team at the beginning of the year to discuss high risk behavior and consequences.

Off-Campus/Neighborhood Population

For thirteen years the University has employed off-duty Wilkes-Barre police officers to patrol areas in heavily student populated areas to serve in an enforcement capacity and as a deterrent to students traveling to and from apartments where parties are present. Assessment data (conduct statistics and CORE Survey) identify those apartment areas as the places of choice to consume alcohol for both on campus and off campus student populations.

The Associate Dean of Student Affairs sends a letter to all off campus students in August to discuss responsibilities of that life-style and reminds students of those responsibilities at known celebration weekends, i.e. Homecoming and Winter Weekend. The Associate Dean also conducts a meeting in September to further discuss those responsibilities.

Added in the fall of 2015, an Off-Campus Wilkes Liaison (OWLs) program was implemented. Students created 3 newsletters over the course of the 15-16 year, informing students of alternatives to alcohol use, as well as safety tips while living in the off campus area. Five programs were offered over the course of the year as alternatives to alcohol use, including a coffee house night, cooking demonstration and community service event.

Indicated Prevention

General Information

There are students who present themselves under this classification through self-disclosure or behavior related challenges. Students who self-disclose to having a drug or alcohol problem are referred to a counselor in the Health and Wellness Office. Students may also be identified through drug and alcohol screenings sponsored by the Health and Wellness Office and offered in the Student Center. Students may opt to take an anonymous, free online screening for alcohol misuse at www.mentalhealthscreening.org/screening/WILKES. Once a student is identified he/she is assessed and an appropriate referral is made to a professional resource in the community. The counselor makes an effort to continue a relationship with the student (in consultation with the community resource) to assist the student with current or future educational plans. Students who are identified through behavior related circumstances (i.e.- conduct infractions) meet with the appropriate adjudicating body and are sanctioned based on the severity and frequency of the behavior. Any student who violates the drug or alcohol policies more than once are required to get a professional assessment from an off-campus mental health professional. Minimum sanctions are in place for both drug and

alcohol infractions and include a mandatory fine, education class, and parental notification (for those under 21 years of age). The required class is called CHOICES, and during this educative and interactive experience students learn about the physiological effects of alcohol, protective behaviors, and risk factors, and will discuss their own expectations about drinking as well as negative outcomes they would like to avoid in the future. Making healthy and responsible decisions is a focus of this class. Students who have a repeat offense or a high-level first offense, will be asked to attend a group session with Wyoming Valley Alcohol and Drug Services Inc.

The primary community services in which student referrals are made include:

Clearbrook, Inc.(inpatient) 570-823-1171 or 800-582-6241
1100 E. Northampton Street, Wilkes-Barre, PA 18706

Marworth (inpatient) 800-442-7722
Lily Lake Road
Waverly, PA 18471-7736

Wyoming Valley Alcohol and Drug Services, Inc. 570-820-8888
North Main Street
Wilkes-Barre, PA 18704

Caron Foundation Alcohol and Drug Treatment Center 800-854-6023
243 North Galen Hall Road
Wernersville, PA 19565

Other resources including Community Counseling and a host of private psychologists and psychiatrists are available to students based on individual needs and circumstances.

Academic Program Specific Information

The School of Pharmacy has procedures to encourage students who display risk factors for substance abuse to obtain the needed treatment in order to complete their professional education. Participation in the recovery program will require that individuals who are impaired agree to undergo a professional evaluation, agree to enter and participate in a treatment program if deemed necessary, and agree to continue their recovery program after treatment.

The Wilkes University School of Pharmacy Student Recovery Program (WPSRP) is directed by a faculty liaison. This liaison acts to facilitate student evaluation and treatment recommendations through *Secundum Atrem: Reaching Pharmacists with Help (SARPH)*, Pennsylvania's voluntary professional recovery program. Referrals to the WRSPH and SARPH are generated through deans, faculty, preceptors, staff or other students. The WPSRP will receive information concerning suspected chemical impairment of students enrolled in the School of Pharmacy. WPSRP will

be available to talk to those students for the purpose of encouraging referral to the SARPH and monitoring information indicative of noncompliance with the terms of treatment and rehabilitation, if needed.

Students identified for participation in this program shall be those who are referred due to poor academic performance, disciplinary problems or a criminal offense that is indicative of a chemical dependency. The suspected impaired student will be given the opportunity to accept a referral to the SARPH for initial professional evaluation and any treatment recommendations deemed appropriate. The student will be given the opportunity to engage in evaluation, treatment and recovery agreements. Students who refuse the referral or fail to comply with the terms of the agreements may face the next level of disciplinary action, which may include dismissal from the School of Pharmacy.

Student Conduct Information 2014-2015

During the academic year 141 students were involved in alcohol infractions and 25 students violated the University’s drug policies. Sanctioning was consistent with published policies. CHOICES (education class) classes were offered monthly by a trained counselor. During the 2014-15 academic year the University added Wilkes-Barre police officers (paid for by the University) to patrol areas where students frequent off campus.

The information below is taken from the annual Residence Life survey and captures perceptions specific to alcohol and policy enforcement on campus:

Regulations and rules governing my living arrangement	2014		2015	
	Count	Col %	Count	Col %
Fair	218	77.8%	216	79.1%
Too restrictive	41	14.6%	35	12.8%
Too Lenient	2	.7%	5	1.8%
No opinion	19	6.7%	18	6.5%
The alcohol policy is	2014		2015	
	Count	Col %	Count	Col %
Fair	197	70.3%	190	69.5%
Too restrictive	58	20.7%	50	18.3%
Too Lenient	7	2.5%	5	1.8%
No opinion	18	6.4%	29	10.6%
Not aware of policy	0	0%		%

General enforcement of rules and policies in my residence hall is	2014		2015	
	Count	Col %	Count	Col %
	Fair	232	82.8%	227
Too restrictive	19	6.7%	21	7.6%
Too Lenient	15	5.3%	12	4.3%
No opinion	14	5%	14	5.1%

Excessive alcohol use in my residence hall has a negative impact on my residence experience	2014		2015	
	Count	Col %	Count	Col %
	Strongly agree	14	5%	16
Agree	22	7.8%	16	5.8%
Neutral	99	35.3%	104	38%
Disagree	74	26.4%	74	27.1%
Strongly disagree	73	26%	64	23.4%
Not Applicable				

Student Conduct Information 2015-2016

During the academic year 123 students were involved with alcohol infractions and 24 students violated the University’s drug policy. Sanctioning was consistent with published policies. CHOICES (education class) classes were offered monthly by a trained counselor. Each semester, a half-day session was offered to repeat alcohol or drug offenders by Wyoming Alcohol and Drug Services Inc.

EFFECTIVENESS

Survey data from MyStudentBody indicates that 37% of first year students at Wilkes consumed alcohol within the past year versus a national average of 62%. The data also found that 13% of first year students at Wilkes engaged in high risk drinking while the national average was twice as high at 26%. The annual Residence Life Survey data indicates that policy are fair, understood, and being consistently enforced.

STRENGTHS

- New students receive a thorough orientation to drug and alcohol issues through new student orientation, an online assessment, and targeted prevention programs throughout the academic year.
- Strong partnerships with the Pennsylvania Liquor Control Board, Pennsylvania State Police, Wilkes Barre City Police, and various treatment agencies have the

University well positioned to be proactive in terms of delivering prevention programs and reactive when students identify themselves with alcohol and drug related problems.

- Through the *Student Handbook*, access to information pertaining to all drug and alcohol issues (i.e. – risks, regulations, treatment) is clearly provided.
- A variety of well-rounded events and activities exists for students to engage in a substance free lifestyle. Programming efforts during the 14-15 and 15-16 academic years have provided an increased number of alternatives for students to participate during traditional “high alcohol consumption nights.”
- Assessment opportunities exist to measure program effectiveness and a governance structure is in place to strategically respond to trends through changes in policies and programs. Through the PLCB Grant the University has increased assessment efforts and has been able to better identify and target “at risk” groups.
- The overwhelming majority of extra-curricular activities are substance free. Those few activities where alcohol is present (i.e. - off campus dances, alumni sponsored events) professional bar tenders are used to insure compliance with the law and avoid abuse.
- The addition of a sophomore living requirement has consolidated a larger percentage of the student population allowing for better oversight of alcohol related issues (enforcement) and more exposure to social and educational programs. The number of students choosing to stay on campus even after the sophomore year has continued to increase: 14-15=55 junior or higher status. 15-16=78 junior or higher status.

WEAKNESSES

- As identified in the CORE Survey, off campus students, student athletes, and students in specific academic programs have been identified as higher risk students and need additional attention in terms of program planning and awareness.

RECOMMENDATIONS

- Better populate the Wilkes website, in strategic areas, with comprehensive prevention program information.
- Implement a comprehensive intervention program targeting the higher risk student populations.
- Continue to assess existing strategies and new initiatives to measure effectiveness.

Center for Science in the Public Interest (2005). Retrieved from:
<http://cspinet.org/booze/FactSheets/0311CollegeStudents.pdf>

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Staff and Faculty Prevention Programs

Wilkes University Drug and Alcohol Abuse Prevention Program

PURPOSE

This policy serves to further Wilkes University's mission by fostering an environment that encourages lifelong learning; enhances personal growth and provides support for each individual's overall health and well-being. Members of our campus community are responsible for their own actions and expected to respect the rights of others to participate freely in all university activities. In the spirit of individual and shared responsibility, the University has adopted the following policies and practices to help shape healthy and informed decision making and maintain a caring and supportive learning environment.

COMPLIANCE

In order to comply with the law, the Drug Prevention Program must, at a minimum, include the following:

1. The annual distribution in writing to each employee, and to each student who is taking one or more classes for any type of academic credit except for continuing education units, regardless of the length of the student's program of study, of
 1. Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use, or distribution of controlled substances and alcohol by students and employees on its property or as part of any of its activities;
 2. A description of the applicable legal sanctions under local, State, or Federal law for the unlawful possession or distribution of controlled substances and alcohol;
 3. A description of the health risks associated with the use of illicit drugs and the abuse of alcohol;
 4. A description of any drug or alcohol counseling, treatment, or rehabilitation or re-entry programs that are available to employees or students;
 5. A clear statement that the institution of higher education will impose disciplinary sanctions on students and employees (consistent with local, state and federal law), and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct required by paragraph (a)(1) of this For the purpose of this section, a disciplinary sanction may include the completion of an appropriate rehabilitation program.
1. A biennial review of the program to:
 1. Determine its effectiveness and implement changes to the program if they are needed; and
 2. Ensure that the disciplinary sanctions described in paragraph (A) (5) of this section are consistently

SCOPE

This policy applies to all Wilkes University students and employees.

DEFINITIONS

The following terms are important for purposes of expressing the University's policy on a drug-free workplace:

1. Controlled substance means a controlled substance in schedules I through V of section 202 of the Controlled Substance Act (21 S.C. 812), as further defined by regulations at 21 CFR 1300.11 through 1300.15 and as defined in Pennsylvania's Controlled Substance, Drug, Device and Cosmetic Act, 35 Pa. C.S.A. '780-101 et seq.
1. Contract means a legal instrument reflecting a relationship between the federal government and a recipient whenever the principal purpose of the instrument is the acquisition by purchase, lease or barter of property or services for the direct benefit or use of the federal
1. Conviction means finding of guilt (including a plea of nolo contendere) or imposition of sentence, or both, by any judicial body charged with the responsibility to determine violations of the federal or state criminal drug
1. Criminal drug statute means a federal or state criminal statute involving the manufacture, sale, distribution, dispensation, use or possession of any controlled
1. Employee means any faculty, staff or student receiving a salary, wages, other compensation and/or stipend support from the
1. Federal agency or agency means any United States executive department, military department, government corporation, government controlled corporation or any other establishment in the executive branch, or any independent regulatory
1. Grant means an award of financial assistance, including a cooperative agreement, in the form of money or property in lieu of money, by a federal agency directly to a The term grant includes block grant and entitlement grant programs. The term does not include technical assistance which provides services instead of money, or other assistance in the form of loans, loan guarantees, interest subsidies, insurance or direct appropriations; or any veteran's benefits to individuals, i.e., any benefit to veterans, their families or survivors by virtue of the service of a veteran in the Armed Forces of the United States.
1. Grantee means a legal entity which applies for or receives a grant or contract directly from a federal
1. Illegal use of drugs means the use of a controlled substance, as defined
1. Student is anyone who is taking a course for credit at the

1. Workplace means the physical boundaries of the University and all University owned or controlled

Employee Assistance Program

An employee assistance program (EAP) is a work-based intervention program designed to assist employees in resolving personal problems (marital, financial or emotional problems; family issues; substance/alcohol abuse; emotional distress) that may be adversely affecting the employee's performance. While many employees solve their problems either on their own or with the help of family and friends, sometimes employees need professional assistance and advice.

The Wilkes University's EAP provides access to professional counseling that is strictly confidential and designed to safeguard your privacy and rights. Personal information concerning employee participation in the EAP is maintained in a confidential manner.

The EAP is available to all employees and offers problem assessment, short-term counseling, and referral to appropriate community and private services. The EAP provides employees with four (4) one hour sessions with an EAP counselor free of charge. If further counseling is necessary, the EAP counselor will make recommendation for additional services. Costs that are not covered under the Employee Assistance Program are the responsibility of the employee.

To learn more about the Employee Assistance Program or to speak with an EAP counselor please refer to the address and telephone number below:

*The Employee Counseling Service
Family Service Association of Wyoming Valley
31 West Market Street
Wilkes-Barre, PA 18701-1304
[\(570\) 823-5144](tel:5708235144)*

APPENDIX

A

Substance Abuse Task Force Committee 2015-2016

Mark Allen, Dean of Students

Philip Ruthkosky, Associate Dean, Student Development

Gretchen Yeninas, Associate Dean, Student Affairs

Sarah Bedford, President, Commuter Council

J. Geiser, Catholic Social Services

J. Swortz, Catholic Social Services

Troy Carey, President BACCHUS

Lara McQue, Vice President BACCHUS

Jennifer Baron, Secretary BACCHUS

Courtney Moyer, Treasure BACCHUS

Erica Chambers, Multicultural Student Coalition

Izzy Mets, Athletics

Tray Brown, Athletics

James Slocum, AAA

Trooper Connors, PA State Police

Jamie Miller, Residence Life

Philip Miller, Lieutenant, Public Safety

P. Myers, Wilkes-Barre City Police Officer

Christopher Jagoe, Director, Public Safety

Brian Langan, Bureau of Liquor Enforcement

R. Rybak, Catholic Social Services

Elizabeth Swantek, Director, Residence Life

Keri Diehl, President IRHC

Valerie Wooks, President, Programming Board

Gary Severns, PA Liquor Control Enforcement

Janine Olshefski, Wyoming Valley Alcohol and Drug Services

Jason Harlen Chief Executive Office Wyoming Valley Alcohol and Drug Services

Diane O'Brien, Director Health & Wellness Services

Gail Holby, Coordinator, Health & Wellness Services

Susan Biskup, Counselor, Health & Wellness Services

Melissa Gaudio, Health & Wellness Services

Anita Burns, Assistant Health & Wellness Services

Anthony Fanucci, President Student Government

Christian Giovannini, Senior Class President

Jaclyn Gallick, Off campus Wilkes Liasion

APPENDIX B

Alcohol and Drug Policies (excerpt from *Student Handbook 2015-16*)

Alcohol and Drug Issues

Contact: [Mark Allen, Ph.D.](#), Dean of Students

Drug-Free Schools and Communities Public Law 101-226

University regulations have consistently supported and recognized the concerns expressed in recent legislation regarding Drug Free Campuses and work places. Alcohol abuse and the use of illicit substances and drugs constitute obvious hazards to health, safety, and well-being and destroy one's ability to function in a productive and contributory fashion. Policies have been developed and adopted by the University that strictly prohibit the use, possession and/or supplying of illicit substances not only on our property, but in the larger community as well.

University regulations regarding alcohol stand to preserve the legal and responsible use of this substance on or off campus and at events sponsored by the University. Noncompliance with these regulations will most certainly result in disciplinary procedures being instituted in an effort to protect the health, safety, and well-being of all members of the community, as well as the violator of the regulations. The University is not a sanctuary from the law and will cooperate fully with law enforcement agencies in support of these regulations.

Local Laws

Any student found to be in violation of city, Commonwealth, or University regulations regarding alcohol may be required to participate in a program of Alcohol Education and will be subject to a monetary fine. Revenues from this source will be utilized to support alcohol and drug information/education and activities. Referrals may be made to local rehabilitation programs. Additional disciplinary sanctions will be imposed as appropriate.

Members of the University community are especially reminded that the laws of Pennsylvania pertaining to alcoholic beverages are applicable to the campus and, as such, the responsibility for observance of the laws of Pennsylvania remains with each individual. The University will not serve as a sanctuary from the law.

The Pennsylvania Liquor and Penal Code states:

1. All persons, while in the Commonwealth of Pennsylvania, are subject to Pennsylvania Liquor and Penal Code.

2. It shall be unlawful for a person less than 21 years of age to attempt to purchase, consume, possess, or transport any alcohol or malt or brewed beverages within this Commonwealth.
3. It is unlawful to sell or furnish alcoholic beverages of any kind to persons under 21 years of age. No person under 21 years of age may pass assessments that will be used in whole or in part for the purchase of alcoholic beverages.
4. It is a misdemeanor to lawfully transfer a registration card for the purpose of falsifying age to secure alcoholic or malt beverages.
5. It is unlawful to misrepresent one's age to obtain alcoholic beverages or to represent to a liquor dealer that a minor is of age.

The University expects that all members of the University community be aware of these laws and of their responsibility for compliance with them. Members of the Students Affairs staff will, as a matter of routine, notify parents of students whose health or safety is endangered.

This includes, but is not limited to situations involving substance abuse.

Students should be aware of the following Wilkes-Barre city ordinances:

Section 1: Purchase, consumption, and possession or transportation of intoxicating beverages

- A. A person commits an offense if he or she attempts to purchase, purchases, consumes, possess, or transports any alcohol, liquor or malt or brewed beverages within the confines of the parks, recreation areas, or conservation areas within the limits of the City of Wilkes-Barre.
- B. A person commits an offense if he or she openly consumes any alcohol, liquor, or malt or brewed beverages on any public thoroughfare within the limits of the City of Wilkes-Barre.

Section 2: Posted Park Rules and Regulations

A person commits an offense if he/she violates any of the rules and regulations, as the same are posted in each of the parks, recreation areas, or conservation areas within the limits of the City of Wilkes-Barre.

Section 3: Penalty for Violation

Any person violating any of the provision of this ordinance shall, upon summary conviction thereof in a summary proceeding before a magistrate, be sentenced to pay a fine of not less

than \$25 and not more than \$300, and costs. In default of the payment of such fines and costs, such person shall be imprisoned in the county jail for a period not exceeding 90 days. Each and every day upon which any person violates or continues to violate the provisions of this ordinance shall constitute a separate offense.

1. Anyone under the age of 21 who attempts to purchase, purchases, transports, or possess alcoholic beverages faces a fine of \$25 to \$300. Additionally, there is a mandatory suspension of a driver's license for a period of 90 days on the first offense, one year for a second offense, and two years for every offense thereafter.
2. It is a misdemeanor of the third degree and calls for a mandatory \$1000 fine for anyone who knowingly and intentionally sells or furnishes alcohol to someone under 21 years of age.

Assistance With Alcohol/Drug Abuse Problems

The University supports the efforts of rehabilitation programs and will refer members of the community to appropriate rehabilitation programs. Such referrals may be part of disciplinary sanctions imposed.

Sources of drug and alcohol counseling are readily available on campus through the University Health and Wellness Services Office. Resources for assistance are designed to provide counseling, treatment, and rehabilitation that will assist a return to full health.

Referrals made to rehabilitation facilities must be kept confidential in the interest of the person seeking rehabilitation for problems with drug and alcohol abuse. Sources for referrals include the aforementioned offices, as well as the Residence Life Office and the Student Affairs Office. Community agencies knowledgeable in the area of substance abuse are located near the University campus. Meetings of Alcoholics Anonymous are held daily at locations within easy walking distance of the campus.

Alcoholic Beverage Policy

The goals of the Wilkes University Alcohol Policy include protection of health and safety of students, the preservation of an environment conducive to scholarship, as well as positive social interaction, the protection of personal and University property, and the prevention of abusive behaviors related to alcohol consumption.

Wilkes University does not encourage the use of alcoholic beverages by students. The University respects the rights of individuals who are 21 years old who decide to use

alcoholic beverages, but is greatly concerned about the misuse and abuse of alcohol. Students of legal age who choose to drink must drink responsibly. Those under 21 years of age are not permitted to consume, possess or be in the presence of alcohol under any circumstances on University property or at any University event.*

* At university events where the participants are of mixed age, those of legal drinking age are visibly identified (i.e. by bracelets). The event must be approved by the Office of Student Affairs.

University Regulations Regarding Alcohol

Alcoholic beverages are prohibited outdoors on University property, including, but not limited to, Ralston Field and all campus playing fields and parking lots. They are prohibited also in all academic and administrative buildings, the Marts Center, Munson Field House and the Student Center. Exceptions to the above may only be made by the Office of Student Affairs.

Students who are under 21 must have permission from the Dean to participate in such events (i.e. senior events). They must be identifiable by bracelet or some other means. Students of legal age are permitted the use of alcohol within the confines of their room or the rooms of other students of legal age. Within the residence halls, alcohol use is not permitted by anyone in common areas (i.e. lounges, hallways, studies, kitchens, etc.). The University prohibits common supplies of alcoholic beverages. This includes any size keg or beer ball (full, partially full, or empty), open punch bowls, or any common source from which alcoholic beverages may be served. The possession or consumption of grain alcohol is prohibited.

Those students of legal age may possess only reasonable quantities of alcohol for their own personal use. Students 21 years of age or older may bring a maximum of one case of beer (not to exceed a case of 12 oz. or 16 oz. containers), or one gallon of wine, or one case of wine coolers, or one fifth of distilled alcohol into college-owned housing. However, a room or living unit (i.e. apartment) may not have a quantity of alcohol in excess of the limit listed above. An excess of the established limit would be considered a large quantity and reason for disciplinary action. Decisions of this nature will be the judgment of the Residence Life Judicial Board. High content alcohol/caffeine (combined) beverages are prohibited from the residence halls.

The University recognizes the legal ability of those who are 21 years of age and over to consume alcohol. However, possessing alcoholic beverages in one's room allows underage roommates and guests access to a substance that is illegal for them to have. This also places legal-age students in the role of providing alcohol to a minor, which is a more serious

offense. Residents will be held responsible for any violations of this nature that occur in their room.

Students who maintain residence off campus are reminded of their responsibilities regarding the laws of the Commonwealth. Parties sponsored by independently maintained apartments off campus must comply with Commonwealth laws and local ordinances. If an incident is reported to the University that occurred off campus, it will be dealt with through the Office of Student Affairs.

When official University social functions are held off campus, the price for admission may not include the costs of any alcoholic beverages. The single exception to this regulation is the President's Dinner Dance for Graduates. The University, as a matter of routine, writes to the management of hotels where off-campus events are held, reminding them of their legal responsibilities regarding the serving of alcoholic beverages. Similarly, the University supports hotel management regulations regarding compliance with the law and will fully cooperate with the hotel management staff in the discharge of responsibilities. No club or organization may enter into an agreement with an establishment serving alcohol to receive donations from that establishment as a means of promoting business.

Alcohol and Guests

Residents are responsible for their guests at all times. This includes the use of alcohol. If guests to Wilkes University are found in violation of the alcohol policy, their hosts are responsible for the sanctions resulting from the violation. Students who have guests on campus or in University buildings are responsible for advising them of the Pennsylvania laws and University policies pertaining to alcoholic beverages.

Amnesty

A member of the Wilkes University community who fears direct or immediate threat to the health or safety of an alcohol or drug-impaired individual should alert the Student Affairs on-call person, a Resident Assistant, Public Safety or professional medical assistance. For his or her part in aiding the impaired individual, he or she will not be subject to formal University discipline for the occasion on which he or she gave assistance. This refers to isolated incidents only and does not excuse or protect those who flagrantly or repeatedly violate this policy.

Those who receive medical attention in these circumstances due to abuse of alcohol or illegal drugs will be immune from University disciplinary action concerning abuse for the

initial offense. They will, however, be referred to the Counseling Center. The counselor will determine if further treatment is necessary. Failure to comply with the evaluation or treatment recommendations will result in full disciplinary action for the original violation.

Intoxication

Intoxication is not an excuse for irresponsible behavior and students will be held accountable for their behavior at all times. Students who demonstrate inappropriate, irresponsible behavior as a result of drinking will be subject to disciplinary action. These behaviors may include, but are not limited to, slurred speech, erratic behavior, or difficulty with physical coordination.

The sanctions imposed may range from an official reprimand to dismissal from the University.

It should be clearly understood that students who demonstrate a lack of responsibility and maturity in the use of alcohol will be required to participate in programs pertaining to alcohol education and/or abuse.

Any behavior resulting from the use of alcoholic beverages that infringes upon the rights or privacy of others will be considered a conduct violation and is subject to sanctioning.

Off-Campus Events

No student who is under 21 years of age, may consume alcohol while representing the University on a University-sponsored trip. This includes, but is not limited to, sporting events, educational trips, and student-sponsored trips. Those of legal drinking age should exercise control when representing the University.

Tailgating

In an effort to promote a healthy environment surrounding athletic activities, the University does not condone tailgating of any kind.

University Sanctions for Alcohol Violations

Refer to Chart in Governance Section

Sanctions

1. *Official Reprimand*: In instances of less serious deviation from the University norms of conduct the student is formally warned regarding the misconduct. The student is also notified that the consequences of such continued behavior could result in more serious disciplinary action.
2. *Disciplinary Probation*: This action is a formal admonition on behalf of the University and is intended to clearly document to a student that his/her behavior has been deemed unacceptable. This action requires that students demonstrate, during a stipulated period of time, they are capable of functioning in such a way so as not to be in conflict with standards of behavior expected of students at Wilkes. Disciplinary probation alerts the students involved, and all concerned, that further conduct may result in curtailment of activities or suspension of residential and academic privileges.
3. *Denial of Privileges*: This penalty precludes the student's participation in specified activities (e.g., student offices, student activities, use of University facilities or access to University facilities) for a period of time.
4. *Restitution/Penalty Charges*: Charges will be assessed where restitution is due for damage to University or student property or property of an agent outside of the University. The charges assessed will be equal to the value of the property and any incurred labor charges. Charges will be paid to Student Services.
5. *Residential Suspension and Expulsion*: The first status indicates that a student is on final notice from the University that any further violation of regulations will lead to the student's suspension from University-owned residence halls. Further difficulties will lead to expulsion from the residence halls. Any student who has been suspended/expelled from the residence halls may not enter any University-owned residence halls without the express permission of the Dean of Students.
6. *Conditional Suspension*: This action is invoked in severe cases that might generally call for suspension, but consideration of mitigating circumstances warrants the student not be suspended at this time. If this sanction is invoked, it is understood that any further violation of University policy, even of a minor nature, could call for suspension from the University. A student who has been conditionally suspended from the University may, at the discretion of the Student Affairs Council, be restricted from representing the University in any official capacity.
7. *Interim Suspension*: The Dean of Students, with the advice and consent of the Vice President of Student Affairs may call for an interim suspension of a student while a judicial case is pending. In such cases, the interim suspension is based on the

determination of the health, safety, welfare, and well-being of the University community is at risk. During this period of interim suspension, the student is not permitted on campus until the date of the Student Affairs Council hearing. This hearing will occur as quickly as reasonably possible following the invoking of the interim suspension.

8. *Disciplinary Suspension*: This penalty involves the involuntary separation of the student from the University for a specified period of time. It is invoked when a student, as a result of his/her actions, has forfeited the privilege of attending the University. Suspension from the University may range for a period of time up to 2 years, including summer sessions and inter-sessions. Students who have been suspended may be required to meet certain conditions during the period of their suspension and must submit a letter to the Dean of Students requesting readmission to the University. Students who have been suspended may not attend classes, be on University property, or participate in University-sponsored functions on or off campus during the period of suspension. Any exceptions require the explicit approval of the Dean of Students.
9. *Indefinite Suspension*: This sanction suspends the student from the University for a period of more than two years.
10. *Disciplinary Dismissal*: This action is one of involuntary separation of the student from the University and is permanent. It is the most severe disciplinary sanction imposed by the University.
11. *Group Action*: Disciplinary action may be invoked against groups as the situation warrants.
12. *Off-Campus Offenses*: The University may implement disciplinary action when a Wilkes University student violates rules and regulations at another college or university or in the community.
13. *Aid*: University-generated and supplied financial aid funds may be denied to students who are involved in disciplinary action.
14. *Counseling Intervention*: Counseling may be recommended, and in some cases required, when behavior indicates it may be beneficial to the student. Specific circumstances will determine an appropriate mental health service referral, which may include drug, alcohol and other educational services.
15. *Involuntary Leaves and Withdrawals*: The Health and Wellness Services Director and/or a campus counselor, with the Office of Student Affairs, may determine that a leave of absence, withdrawal, or exception to the academic or residential regulation based on behavioral factors is warranted if it would be in the best interest of the University. This action may be taken if, in the opinion of either a counselor or the Director, a student

exhibits behavior that creates a significant disruption or clear and present danger to the physical or mental health of students or others in the community. This mandatory leave or withdrawal will be processed through the Office of Student Affairs and is subject to administrative appeal to the Vice President of Student Affairs. The Health and Wellness Services Director and a campus counselor will typically also be involved in the readmission of any student who is granted or placed on an involuntary leave or withdrawal.

These sanctions are not the only sanctions that may be levied, but are the most commonly invoked. All sanctions are communicated in writing to the student. Copies of disciplinary letters are maintained by the Student Affairs Office. If a student withdraws or is suspended or dismissed for disciplinary reasons, the disciplinary letters are maintained for an indefinite period of time depending on the circumstances.

Sanctions are not noted on official or unofficial transcripts. An exception is made to this only in cases involving severe infractions of an academic nature such as, but not limited to, academic fraud.

Typical Sanctions for Conduct Infractions

First Alcohol Offense

Level	Violation	Fine	Probation	Educational Course	Parent Notification	Meets With:
1	Under 21 – Alcohol paraphernalia	\$50	6 months	Choices	Yes	Res Life Staff
1	Under 21 – Possession or presence of alcohol (no sign of alcohol consumption)	\$100	6 months	Choices	Yes	On-campus - Res Life Staff Off-campus- Assoc. Dean
1	Over 21 – Consumption of alcohol in room of resident under 21	\$100	6 months	Choices	Yes	Res Life Staff

1	Over 21 – Possession of alcohol beyond permitted limit (defined on p. 54)	\$100	6 months	Choices	Yes	On-campus - Res Life Staff Off-campus- Assoc. Dean
1	Under 21 – Consumption of alcohol	\$150	1 year	Choices	Yes	On-campus - Res Life Staff Off-campus- Assoc. Dean
2	Over 21 – Heavy intoxication, requires medical/Student Affairs assistance	\$150	1 year	Wyoming Valley Drug and Alcohol Group Session	Yes	On-campus - Res Life Staff Off-campus- Assoc. Dean
2	Under 21 - Heavy intoxication, requires medical/Student Affairs assistance	\$200	1 year	Wyoming Valley Drug and Alcohol Group Session	Yes	On-campus - Res Life Staff Off-campus- Assoc. Dean
2	Public Drunkenness – cited by PSO or WBPB	\$200	1 year	Wyoming Valley Drug and Alcohol Group Session	Yes	On-campus - Res Life Staff Off-campus-

						Assoc. Dean
2	Hosting an on- or off-campus gathering with alcohol and minors present (10 or less guests)	\$250	1 year	Wyoming Valley Drug and Alcohol Group Session	Yes	On-campus - Res Life Staff Off-campus- Assoc. Dean
2	Hosting an on- or off-campus gathering with alcohol and minors present (more than 10 guests)	\$300	1 year	Individual Meeting	Yes	On-campus - Res Life Staff Off-campus- Assoc. Dean

Second Alcohol Offense*

Both Level 1 Offenses	Level 1 and Level 2 Offenses	Both Level 2 Offenses
\$200 Fine	\$250 Fine	\$300 Fine
1 Year Conditional Suspension	1 Year Conditional Suspension	Min - 1 Year Conditional Suspension Max - Removal from Residence Halls
Parental Notification	Parental Notification	Parental Notification
Meeting with Associate Dean of Student Affairs	Meeting with Associate Dean of Student Affairs	Meeting with Student Affairs Council
Wyoming Valley Drug and Alcohol Group Session	Wyoming Valley Drug and Alcohol Group Session or individual off-campus assessment with Wyoming Valley Drug and Alcohol**	2, Individual off-campus assessment meetings with Wyoming Valley Drug and Alcohol**

	Goal setting meeting with Area Coordinator	Goal setting meeting with Area Coordinator
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****If the first offense did not require a group session with WVDA, a group session will be part of the sanctions for the second offense. If the individual already attended a group session as a result of his/her first offense, an individual meeting will implemented. Additional costs will be incurred by the violator**

First Drug Offense*

Violation	Fine	Probation/ Suspension	Education Course	Parental Notification	Meets With
Drug Paraphernalia (grinders, pipes, bongs, hookahs)	\$150	1 Year Disciplinary Probation	Minimum - Choices Maximum - Wyoming Valley Drug and Alcohol Group Session	Yes	On-campus: Res Life Staff Off-Campus: Assoc. Dean
Drug Paraphernalia with suspicion of illegal substance use	\$200	1 Year Disciplinary Probation	Wyoming Valley Drug and Alcohol Group Session	Yes	On-campus: Res Life Staff Off-Campus: Assoc. Dean
Possession of a controlled substance	\$250	1 Year Conditional Suspension	Group session with Wyoming Valley Drug and Alcohol	Yes	On-campus: Res Life Staff Off-Campus: Assoc. Dean

Possession of a controlled substance with drug paraphernalia and/or suspicion of illegal substance use	\$300	1 Year Conditional Suspension	Group session with Wyoming Valley Drug and Alcohol	Yes	On-campus: Res Life Staff Off-Campus: Assoc. Dean
Selling or providing of a controlled or illegal substance to others	\$350	Min - removal from Residence Hall Max - Suspension/Expulsion from University	Indefinite Suspension	Yes	Associate Dean

Second drug offenses, and third alcohol offenses will result in a meeting with the Student Affairs Council who will levy sanctions appropriately.

MyStudentBody

Contact: [Melissa Gaudio](#), Campus Counselor

MyStudentBody is a comprehensive approach to reducing the risk of drug and alcohol abuse and sexual violence among college students. MyStudentBody engages students and parents in effective, evidence-based prevention and gives administrators the data to target, evaluate, and strengthen prevention initiatives. College students make choices every day that affect their academic success and ultimately their success in life. The choices they make about alcohol, drugs, and sexual violence can be among the toughest—and can have the most serious consequences. MyStudentBody is a comprehensive, evidence-based, online prevention program that gives students the tools to choose behavior that helps them successfully navigate the social pressures of the campus environment and achieve academic success. MyStudentBody is the only online college prevention program that continues to provide students with health education, self-assessment, tools, and strategies to cope with behavioral risks, available 24/7 throughout the school year. MyStudentBody is also the only online college drug and alcohol program that boosts the University’s prevention message with follow-up assessment at 30, 60, or 90 days. The follow-up

assessment reinforces the prevention message and gathers data to track the effects of your program on student drinking, drug use, and sexual victimization.

Every incoming, first year student is required to complete the MyStudentBody program within the allotted timeframe. An email is sent to each student at the beginning of the school year with directions to participate. Failure to successfully complete the program will result in a \$100 penalty charge and required participation in a Choices alcohol education class.

Drugs

The University is opposed to the use of any illicit substances. Additionally, any misuse and/or abuse of prescription or over-the-counter medications will not be tolerated. Any drugs, or drug combination (legal or illegal), deemed by the University to be detrimental to the health and safety of community members are not allowed on campus. This would include, but is not limited to: synthetic cannabinoids (synthetic marijuana), mephedrone (street name “bath salts”), and party powders. Possession of drug paraphernalia is also illegal, particularly when there is evidence of drug use. Students who are charged with possession, use, transfer, or sale of these substances will be subject to disciplinary action that may result in penalty charges, suspension, or dismissal from the University independent of any external legal action.

Wilkes is cognizant of the growing problem of drug abuse and is concerned with the complex and serious nature of this problem. For this reason, students found to be involved in supplying drugs for others will be subject to serious disciplinary action. We define “supplying drugs” as meaning procuring and providing substances in any amount, under any conditions.

Although the University respects a student’s right to privacy, the University reserves the right to inspect individual rooms at any time, especially for reasons of maintenance, health and safety. Such searches can only be conducted by the Dean of Students or delegates.

Any illegal substances that are confiscated will be turned in to the local police. The University will cooperate fully with law enforcement officers as they continue their efforts to halt the use of illicit substances.

Parental/Guardian Notification

If a student is determined to be in violation of the drug or alcohol policy and is under the age of twenty-one a letter will be sent home to the parent/guardian(s) regarding the incident. Any student who receives medical attention due to excessive alcohol or drug use, i.e. is seen by University Health Services, requires a paramedic to respond to the campus, or

is transported to the hospital, will also have his/her parent/guardian(s) notified. If hospitalization is necessary, the parents will be contacted.

Tobacco Use/Smoking Policy

Use of tobacco, in any form, is prohibited in all University owned, managed or leased buildings, vehicles, shuttles and vans. The University reserves the right, in its sole discretion, to designate certain areas where smoking is permitted on campus.

Tobacco is defined as all tobacco-derived or containing products, including and not limited to, cigarettes (e.g., clove, bidis, kreteks), electronic cigarettes, cigars and cigarillos, hookah smoked products, pipes, and oral tobacco (e.g., spit and spitless, smokeless, chew, snus) and nasal tobacco (e.g. snuff). It also includes any product intended to mimic tobacco products, contain tobacco flavoring, or deliver nicotine other than for the purpose of cessation (patch, gum, or inhaler are acceptable).

Anyone smoking tobacco-derived products in outdoor locations on campus must be at least twenty feet from any building door, window, or ventilating system.

Failure to comply with this policy will be considered a conduct violation and violators can be reported to the appropriate personnel (i.e. – an employee's supervisor, Student Affairs).

Those wishing to participate in a smoking cessation program may contact University Health Services or the Human Resources Office for further information.

Although the University respects a student's right to privacy, the University reserves the right to inspect individual rooms at any time, especially for reasons of maintenance, health and safety. Such searches can only be conducted by the Dean of Students or delegates.

Any illegal substances that are confiscated will be turned in to the local police. The University will cooperate fully with law enforcement officers as they continue their efforts to halt the use of illicit substances.